



## The group's trusted suppliers and discount links enabled this group to exist.

Learn more and get the discount codes for MCS Formulas, and Hydrogen Health H2 water bottles

www.myhealingcommunity.com/mhc-discounts-with-suppliers



## 1:1 Individual Well-Researched Off-label and Supplement Protocol Consults.

This is something I do not offer my group members. However, there is another FB group whose leader offers this service. **To learn more about how to book and individual protocol research support session Visit <u>this page</u>.** 

> The MHC contact page for questions, feedback, ideas or contributions: <u>www.myhealingcommunity.com/contact-us</u>

A quick page about me, the founder of the group and MHC. <u>www.myhealingcommunity.com/about-abbey</u>



Founder of My Healing Community, Co-creator of the Breast Cancer Pathways Worksheet and Lead Admin and Founder of The Healing Cancer Study Support Group.

Hi, I'm an Aussie living a simple life in the bush just 5 minutes from the sea on the beautiful mid-north coast between Sydney and Brisbane. The area I live in is called Valla, NSW.

I was diagnosed with lobular breast cancer in 2014 at the age of 43 and and discovered the breast cancer had metastasised to about 9 places in my bones 2017. It's now 2023 and I am feeling better physically, mentally and emotionally than I have in my entire life. I still visit my oncologist every 3 months to discuss my pathology reports and have a CT/Bone scan at least once a year but so far all we have to discuss is healing or slight ups and downs of my tumor markers that have remained in the normal range since 2018.

If you are interested to learn more about my personal healing journey you can read my messy old blog and listen to a couple of interviews I've given at www.healingbreastcancer.info

Reach out to me via email: admin@myhealingcommunity.com

If you think the MHC website or the private group may be valuable to others please send them to the home page: <u>www.myhealingcommunity.com</u>



## Vitamin D: A Super Powerful Ally in Cancer Care

A comprehensive guide to the latest research on vitamin D's role in cancer immunity, treatment interactions, immune system enhancement, metabolism.....